

Hello PNSC'ers,

UPCOMING EVENTS:

Wed, Jan 13: Wednesday Night Trail Ski at 7pm. Everyone is welcome - bring your headlamp!

Sat, Jan 16: Bunny, Jackrabbit and Track Attack lessons at 11am.

Sat, Jan 16: Adult lessons at 2pm. We give lessons to beginner, novice and intermediate skiers in both classic and skate techniques. Improve your technique whether you're a first-time or frequent skier! Come a 1/2 hr early if you want to borrow equipment or register as a club member. Contact Kathey for more info (kathybryan@shaw.ca).

Mon, Jan 18: Sprints/Time Trials on Monday at 7pm. Meet at the cabin and bring your headlamp. Contact Michela for more info (micadentremont@gmail.com). Results are posted on our website:
<http://www.ptarmigannordic.org/Ski/Info/Loppets.php>

INFORMATION:

A waxing clinic will be held on Wed, Jan 20 at 6:30pm. We'll demonstrate how to wax both classic and skate skis from a beginners perspective. There will be time for questions after the demo. Everyone is invited to attend. (you can even join us for a ski afterward!) We will be having more waxing clinics in the future (possibly on Sat, Jan 23 - time to be announced). Watch our website and newsletter for information. There's also waxing instructions available on our website: <http://www.ptarmigannordic.org/Ski/Info/Waxing.php>

Not sure what to wear cross-country skiing? Our website has useful information on how to dress to make your skiing experience as comfortable as possible: <http://www.ptarmigannordic.org/Ski/Info/Wear.php>

See you on the trails!

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